



Tiger Fitness & Training Center Prices

Effective January 31, 2016

Personal Training / Coaching packages

Youth = High School Age or younger

- 1 session - \$75.00
- 3 sessions - \$180.00 - (must be used within 3 months) - Youth Rate - \$165.00
- 6 sessions - \$330.00 - (must be used within 3 months) - Youth Rate - \$290.00
- 9 sessions - \$440.00 - (must be used within 4 months) - Youth Rate - \$380.00
- 12 sessions - \$525.00 - (must be used within 6 months) - Youth Rate - \$450.00

Buy a Training/Coaching package that's right for you and SAVE!

Youth rate – 10% off monthly packages

- 26 sessions - \$1075
- 39 sessions - \$1550
- 52 sessions - \$2000

NEW! Express Tiger Training (30 minute session)

- 1 session - \$50.00
- 3 sessions - \$125.00 - (must be used within 3 months)
- 6 sessions - \$195.00 - (must be used within 3 months)
- 9 sessions - \$260.00 - (must be used within 4 months)
- 12 sessions - \$310.00 - (must be used within 6 months)

2 client group training discount = 30% off each

4 client group training discount = 50% off each

Offsite Training - Add 20% to price

Elite Packages – Year membership (includes unlimited class access)

White Tiger member - \$3000– personal training 1 x week (1 year) and FREE Classes

Bengal Tiger member - \$4700– personal training 2 x week (1 year) and FREE Classes

Gold Tiger member - \$6000– personal training 3 x week (1 year) and FREE Classes